



Stress Free Saturdays for D75 Families

In Collaboration with
Bronx Borough President Vanessa L. Gibson
Join Us for A Day of Rejuvenation and Reconnection

December, 20, 2025

10am-3pm

**1434 Longfellow Avenue
Bronx, NY 10459**

*Mini Massages
Wellness Drinks
Guided Breathing
Yoga Practice
and more...*

*Prepare Healthy Meals
1-on-1 Wellness Sessions
Healthy Food Giveaways
Crafting
Raffles*

STUDENTS AND FAMILIES ARE WELCOME TO JOIN THE FUN!

REGISTER NOW



TRAVEL DIRECTIONS



Travel directions:

6 Train to Whitlock or
2/5 Train to Freeman



YAFFA
Cultural Arts Inc.
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BraceLife Fitness



Lunch will be provided for all who attend.

Metro-cards will be provided to participating students and families.